

NET: Mind-Body Stress Relief

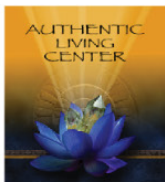
Group Clearing Session

Tuesday October 27, 2026 • 6:30-8 pm

Finding light in the darkness

- Come join a group clearing using **NET: Neuro Emotional Technique**. A powerful , gentle technique to release the stuck emotions held in the cellular memory. No experience necessary. All are welcome!
- Take home the tools you need to help support your nervous system and restore emotional balance and harmony.
- Dr. Theresa Pigott, Certified **NET** Practitioner with over 30 years experience, will be your guide through this process.

\$25 per person



Authentic Living Center

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